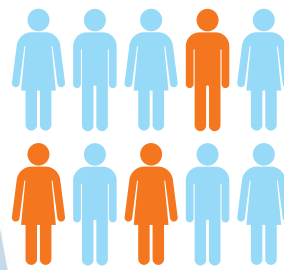


# Ps. ARTHRITIS

Why you need to take note of Psoriatic Arthritis (PsA)



AROUND 3 OUT OF 10 PEOPLE with psoriasis will get PsA, so if you're living with psoriasis you may be at risk<sup>1</sup>



PsA IS JUST AS DISABLING as rheumatoid arthritis<sup>3</sup>

YOU MAY ALREADY HAVE PsA & not know it - 15% of people with PsA may be undiagnosed<sup>2</sup>

# 15%

For People with PsA:

## IMPACT ON EMOTIONAL WELLBEING & OTHER CONDITIONS

### DAMAGE TO JOINTS & SPINE

Joints can be damaged WITHIN 6 MONTHS of first PsA symptoms<sup>4</sup>



UP TO 47% MAY HAVE JOINT DAMAGE within two years of initial symptoms<sup>5</sup>

UP TO 40% may have inflammation of the spine, leading to neck & back pain & REDUCED MOBILITY<sup>6</sup>



Around 20% experience DEPRESSION<sup>7</sup>

Over 50% will have another RELATED MEDICAL CONDITION<sup>8</sup>

Conditions related to PsA include:

- cardiovascular disease
- obesity
- diabetes
- Crohn's disease
- eye disease
- depression & anxiety<sup>8</sup>



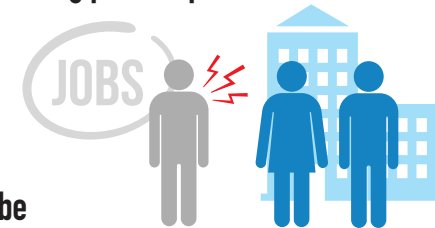
## Daily life with PsA

PAIN & STIFFNESS CAUSED BY PsA CAN BE DEBILITATING, affecting work, sleep, relationships & quality of life<sup>9</sup>



SIMPLE TASKS CAN ALSO BE AFFECTED, e.g. getting in & out of bed, washing & personal care, dressing, walking & taking part in sports<sup>10</sup>

PsA can AFFECT WORK, SLEEP and IMPACT ON QUALITY OF LIFE<sup>9,11</sup>



4 OUT OF 10 PEOPLE with PsA describe their disease as A LARGE PROBLEM in everyday life<sup>12</sup>

For more information: speak to your doctor, visit [www.SeePsoriasisLookDeeper.co.uk](http://www.SeePsoriasisLookDeeper.co.uk) or contact the Psoriasis Association: [www.psoriasis-association.org.uk](http://www.psoriasis-association.org.uk) or call 01604 251620.

# Ps. ARTHRITIS

PsA IS TREATABLE. Consult your doctor if you think you might have PsA.

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